

MG-MI Regional Health Summit & Resource Fair

Saturday, May 3, 2025



Welcome!

Thank you for joining us for our first MG-MI Regional Health Summit & Resource Fair. We hope your experience will be valuable and that you will find some new ways to Live your Best Life with MG!

Today's Schedule

- 9:00 Sign In & Visit our Partners
- 10:00 Welcome
- **10:15** Margaret Frey, DO, Chief of Neurology at Memorial Healthcare Institute for Neurosciences - "Living and Thriving with MG"
- **11:15** Exercise Physiology Jerrell Redwine, MS in Exercise Physiology – "MG & Safe Exercise"
- **12:00** Lunch Visit our Partners Get a Shoulder Massage Angelica Dye, LMT, Esthetician
- **1:00** Rosemarie Walch, DO, Neuroimmunologist at Memorial Healthcare in Owosso - "Help Me Help You - Advocating for Yourself and Your Safety"
- 2:00 Jill Frieling, GFL, Certified Yoga Instructor "Benefits of Yoga for MG"
- 2:30 Closing Remarks Visit our Partners



Margaret Frey, DO



Rosemarie Walch, DO







Jerrell Redwin, MS; Angelica Dye, LMT; Jill Frieling, GFL



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