

MG ADL PROFILE

| | 0 | 1 | 2 | 3 | SCORE |
|--|--------|--|--|--------------------------------------|-------|
| 1. Talking | Normal | Intermittent slurring or nasal speech | Constant slurring or nasal speech, but can be understood | Difficult-to-understand speech | |
| 2. Chewing | Normal | Fatigue with solid food | Fatigue with soft food | Gastric tube | |
| 3. Swallowing | Normal | Rare episode of choking | Frequent choking necessitating changes in diet | Gastric tube | |
| 4. Breathing | Normal | Shortness of breath with exertion | Shortness of breath at rest | Ventilator dependence | |
| 5. Impairment of ability to brush teeth or comb hair | None | Extra effort, but no rest periods needed | Rest periods needed | Cannot do one of these functions | |
| 6. Impairment of ability to arise from a chair | None | Mild, sometimes uses arms | Moderate, always uses arms | Severe, requires assistance | |
| 7. Double vision | None | Occurs, but not daily | Daily, but not constant | Constant | |
| 8. Eyelid droop | None | Occurs, but not daily | Daily, but not constant | Constant | |
| | | | | Add items 1-8 for total MG-ADL score | |