

COMMUNICATOR

MG-MI MOVES MG RAISES \$10,000

Saturday, June 25 was a beautiful and fun morning enjoyed by everyone from toddlers to senior citizens at Cascade Township park near Grand Rapids. Our second annual MG-MI Moves event brought MG patients and their families, from as far away as Plainwell, Flint, and Boyne Falls (they won farthest distance prizes!). Activities included a self-timed 5K run, a one mile walk, cardio drumming, yard games, face painting by SuZie and illusion by Magic Bob. The highlight of the morning was the silent auction, which offered over 25 items, including restaurant gift cards, a free night at a Swiss chalet, a hand-made quilt, and so much more!

Our thank you to members of the West Michigan "Old Speckled Hen" MG Car Club for coming out to displaying their classic cars - MG for MG!

Representatives from two of our corporate sponsors displayed information about the new FDA approved treatment for MG available from each of their companies (Ultomiris from Alexion and Vyvgart from Argenx) along with promotional goodies.

Thanks to volunteers and corporate sponsors, the event brought in over \$10,000 – fantastic! These funds will allow us to continue providing support meetings, newsletters, patient and medical education and awareness, and underwrite research to find that ultimate cure for MG.







IN THIS ISSUE

MG-MI MOVES EVENT PG. 1

ANNUAL CONFERENCE PG. 2

SUPPORT GROUP RECAP PG. 3

OFFICE UPDATE PG. 3

A BIG THANK YOU to our corporate sponsors for helping make this event possible!





COMMUNICATOR

616.956.0622 mg-mi.org

6th ANNUAL PATIENT EDUCATION CONFERENCE-COMING IN OCTOBER!

MG-MI is delighted to present our 6th Annual Patient Education Conference, once again held virtually via Zoom, for patient safety and convenience. Free registration will be available on Eventbrite, via a link from our website (mg-mi.org) and Facebook page, beginning September 15. The conference will kick off Thursday evening, October 20, with former Air Force Pilot Andrew Van Timmeren, a MG-MI board member and MG patient. Andrew will share his story of how his diagnosis required him to alter his career path and navigate the workplace with a chronic illness.

Saturday morning, October 22, and Sunday afternoon, October 23, will feature several medical professionals and patients speaking on topics including:

-navigating a career with MG -when and how to ask for workplace accommodations -an overview of current and new treatment options for MG -emerging science in MG -thymectomy discussion; should I have it?

Updated topics and speakers will be posted on the MG-MI website as they become available.





2

SUPPORT GROUPS RECAP

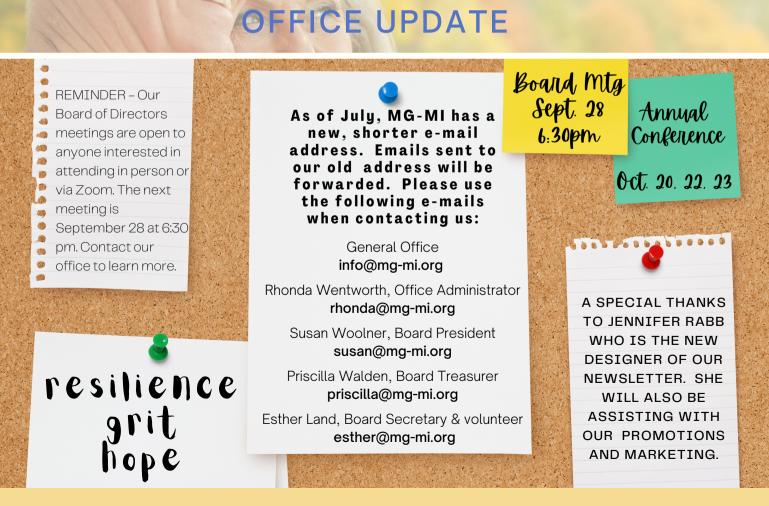
It was a busy summer season for MG-MI's in-the-park support groups! There were 12 groups held around the state – from Gaylord to Kalamazoo and Holland to Wixom. Those living with MG, along with their family and friends, shared experiences and tips on how they navigate their daily living.

This year, we were joined by two guest speakers: Shelley Gerson from Argenx and Crystal Brown from Alexion. Shelley discussed how harmful antibodies disrupt the communication between nerves and muscles and how Vyvgart, a newly released FDA approved treatment for gMG, is used to reduce these antibodies. Crystal talked about advocating for yourself using the Quality of Life chart to get the most out of doctor appointments and to gauge where and when changes in treatment may be considered. She also presented information on another new FDA approved treatment for gMG,

Ultomiris, that blocks antibodies from attaching to receptor sites at the neuromuscular junction.

We were pleased with the positive comments from those who attended. As we look ahead to 2023, we welcome your feedback as to time, location, and topic of interest so we can best serve you and our entire MG community.





COMMUNICATOR

616.956.0622 mg-mi.org



Myasthenia Gravis Foundation of Michigan

2660 Horizon Drive SE, Ste. 235 Grand Rapids, MI 49546-7933

616.956.0622 info@mg-mi.org **mg-mi.org**



YouTube MG-MI Myasthenia Gravis Foundation of Michigan

mg-mI Leadenship

PRESIDENT Susan M. Woolner, CPXP

> SECRETARY Esther Land

TREASURER Priscilla Walden

TRUSTEES James Booth Burr, Jr. Mallary Cole Bradford Mathis Amit Sachdev, MD, MS Andrew Van Timmeren

00000000000000



ANNUAL APPEAL END OF SEPTEMBER

BOARD OF DIRECTORS MEETING SEPTEMBER 28

PATIENT EDUCATION CONFERENCE OCTOBER 20, 22, 23

> WINTER COMMUNICATOR EARLY DECEMBER